

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Torfs Agnes

Coaches: Verachttert Elke

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:5, starttime: 09:47	
Heat: 5/10 Lane : 2 Athlete: PEETERS LENA							Q-time: 02:53:57	
PB (25m pool): 02:53.57 Mol 04/10/2026				PB (50m pool): 03:00.91 SB: 02:53.57 Mol 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.47		01:24.37		02:13.88		02:53.57
	00:38.47		00:45.90		00:49.51		00:39.69	
								

Coach feedback:

Event number: 32: 200M MEDLEY MEN 11-12							Heat:10, starttime: 10:38	
Heat: 10/10 Lane : 1 Athlete: WILLEMS IWAN							Q-time: 02:37:59	
PB (25m pool): 02:37.59 Mol 04/10/2026				PB (50m pool): 02:47.10 SB: 02:37.59 Mol 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.78		01:13.95		02:00.73		02:37.59
	00:33.78		00:40.17		00:46.78		00:36.86	
								

Coach feedback: